



**Oregon  
Dairy  
Women**

# **Our Cows Send Their Best Sequence Activity**

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**Directions:**

1. Using the 9 cards included in this lesson, students will cut each card out along the lines provided.
2. Once all the cards have been cut out, students should work to place the cards in order from farm to table using the pictures and descriptions on the cards as their clues.
3. The correct sequence of the cards by headline is:

Milk starts on the farm.

Cows love the milking parlor.

The milk tank keeps things cold.

Then a truck picks up the milk.

Testing continues at the plant.

The dairy plant pasteurizes the milk.

Milk is packaged in the plant.

Milk is delivered fresh to you.

Milk and dairy products are nutritious and delicious.

*Graphics for this activity were provided by the Oregon Dairy and  
Nutrition Council's Our Dairy Cows Send their Best booklet.*



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## Our Dairy Cows Send Their Best Sequence Activity

Graphics from Oregon Dairy and Nutrition Council



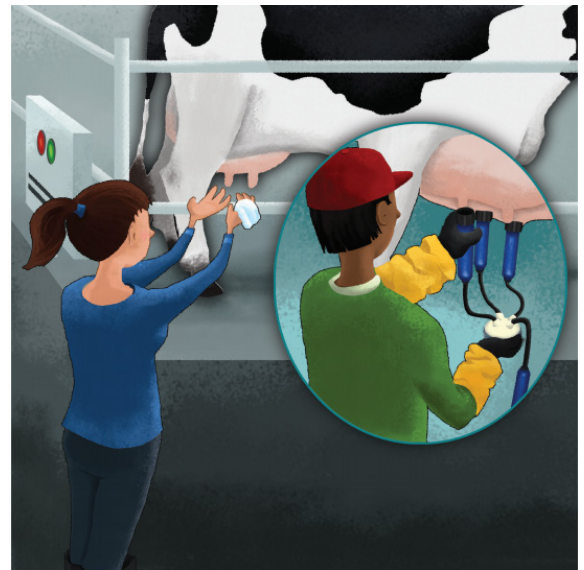
### Milk starts on the farm.

Milk comes from healthy, well-fed cows. Oregon's dairy farm families make sure each cow gets a nutritious diet, a comfortable place to live, exercise and regular health care check-ups.



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### Cows love the milking parlor.

The cow's udder is washed first. Then the milking machine is attached and the milk travels from the cow through pipes to the milk storage tank. Cows like to be milked two or three times a day.



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### The milk tank keeps things cold.

The milk is cooled as it moves to the refrigerated milk tank, which keeps the milk cool, fresh and safe.



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### Then a truck picks up the milk.

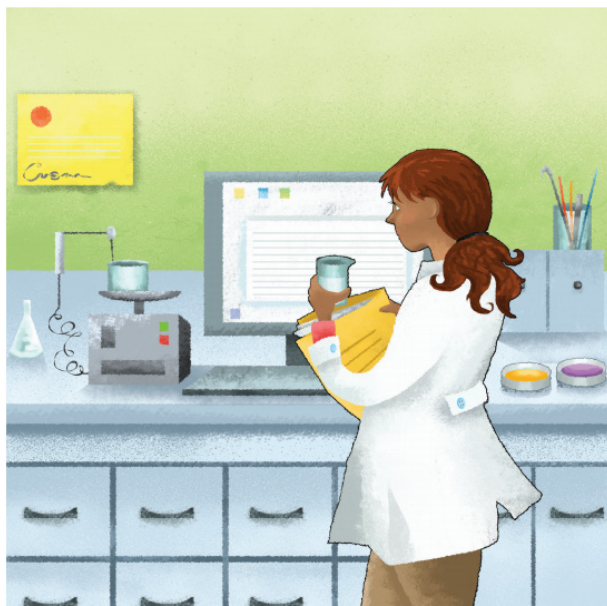
Milk is picked up from the farm every day, and it is tested for quality and safety. The tanker truck hauls milk to the dairy plant – sealed and refrigerated the whole way.





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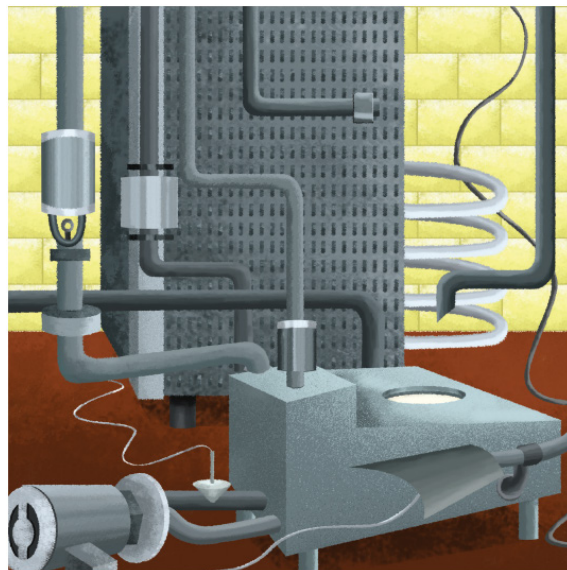
### Testing continues at the plant.

Milk is tested again and again at the dairy plant for safety and quality. If it fails, the milk is discarded.



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### The dairy plant pasteurizes the milk.

The milk is quickly heated and then cooled again at the dairy plant—a process called pasteurization that ensures milk is safe and wholesome.



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### Milk is packaged in the plant.

Once cooled, the milk is packaged in jugs or cartons. Then it's stored in a refrigerated room.



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### Milk is delivered fresh to you.

Milk is transported in refrigerated trucks to schools, grocery stores, and restaurants. Always fresh, cold and nutritious.



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Milk and dairy products are  
**nutritious and delicious.**

Milk is also made into yogurt, cheese, ice cream, butter and other tasty products.